

HISTAIM

(E B A S T I N E)

Allergy Relief Medicine

10 mg
Tablets

ہسٹائم
10 ملی گرام
گولیاں
(ایبستین)

COMPOSITION

1. Histaim 10mg tablets.

Each tablet contains.

Ebastine 10mg.

PROPERTIES

Ebastine the active ingredient of Histaim produces a Strong and prolonged selective blocking of the L peripheral H₁ receptors for histamine. The duration of its action allows Histaim to be administered once daily. The drug is free from any anticholinergic e activity since it has no access to central H₁ receptors for histamine it does not show sedative effects it does not potentiate the effects of alcohol.

INDICATIONS

Symptomatic treatment of allergic conditions, such as allergic rhinitis or conjunctivitis, both seasonal and perennial (nasal discharge nasal Itching eye itching weeping sneezing etc.), chronic urticaria allergic dermatitis.

DOSAGE

Adults and children older than 12years:

1 tablet (10mg) once daily in severe symptoms

1 tablets (20mg) once daily.

Children form 6 to 11 Years old:

5mg once daily

Children form 2 to 5 years old:

2.5mg once daily

There is no need for dose adjustment in patients with mild to moderate liver function disorders.

CONTRAINDICATIONS

Known hypersensitivity to the active ingredient.

PRECAUTIONS

Since ebastine reaches it therapeutic effect to 3 hours after administration it must not be used in urgent acute allergic cases.

INTERACTIONS

Ebastine can interfere with the results of dermal allergic tests and therefore, it is recommended not to perform these tests until 5-7 days after treatment discontinuation. It could strengthen the effects of other anti-histaminic agents.

WARNINGS

Pregnancy and lactation

Studies in rats and rabbits dose not indicate any direct or indirect harmful effects with respect to the development of the embryo or foetus or the course of gestation and pre-and post-natal development. No teratogenic effects have been identified in animals. However, there are no well controlled studies in

pregnant women and reproductive studies in animals are not always predictive of human response. Therefore, ebastine should be used during pregnancy only if clearly needed. It is not known, whether ebastine is excreted in human milk therefore ebastine should not be used during lactation.

USE IN CHILDREN

This drug must not be administered to children under 2 years old since safety has not been established in this age group.

EFFECTS ON ABILITY TO DRIVE AND USE MACHINES.

In man psychomotor function has been investigated extensively and no effect was found at recommended therapeutic doses. A study focused on car driving ability indicated that ebastine did not induce any driving impairment even at 30mg. Based on these results ebastine at recommended therapeutic doses does not affect the ability to drive or operate machines.

OVERDOSE

Single doses of 50 to 90mg (5 to 9 times the recommended therapeutic dose) have been well tolerated and do not affect vital constants. Up to date no case has been reported on ebastine intoxication. If there is any sign of intoxication proceed to gastric washing and administration of the appropriate symptomatic maintenance treatment.

UNDESIRABLE EFFECTS

Rare: Headache, asthenia nervous excitement gastric intolerance diarrhea and constipation, if you notice any side effects not mentioned in this leaflet please inform your doctor.

Pack size

Histaim is available as:

Ebastine 10 mg=1x10's Tab/pack

PRECAUTION:

- Use as prescribed by the physician.
- Keep out of the reach of children.
- Store at room temperature.
- Protect from direct sunlight, heat & moisture.

ہدایات:

دوا ڈاکٹر کی ہدایت کے مطابق استعمال کریں۔

بچوں کی پہنچ سے دور رکھیں۔

گرمی کے دورے پر رکھیں۔

سورج کی روشنی، گرمی اور نمی سے محفوظ رکھیں۔



Manufactured by:

Aims Pharmaceuticals

Plot # 291, Industrial Triangle
Kahuta Road, Islamabad - Pakistan.
www.aimspharmaceuticals.com