

Clomiam

50mg
Tablets

Clomiphene Citrate (USP)

گولیاں
کلومیف
کلومیفین سٹریٹ (یو ایس بی)

Composition: Each tablet of Clomiam contains Clomiphene Citrate USP 50mg.

Description: Clomiam (Clomiphene Citrate) is a non-steroidal compound that has both Oestrogenic and non-Oestrogenic properties. It is used primarily for the treatment of anovulatory infertility. Clomaim (Clomiphene Citrate) increases the output of hormones by the pituitary gland, stimulation ovulation (eggrelease) in women. While in man it tends to increase sperm production.

Indication: Clomiam (Clomiphene Citrate) is indicated for the treatment of infertility due to anovulation in females and oligospermia in males.

Contra-indications: Clomiam (Clomiphene Citrate) is contra-indicated in pregnancy and in patients who are hypersensitive to clomifene, have liver disease or a history of liver dysfunction, endometrial carcinoma or ovarian cysts (other than polycystic ovary) and undiagnosed bleeding.

Dosage: Females:- The usual dosage is 50mg daily for five days, starting on or about the 5th day of the menstrual cycle. Treatment may be started at any time if there is amenorrhea. If ovulation does not occur a course of 100mg daily for 5 days may be given. Some sources have stated that up to 6 courses are permissible. Similarly, the maximum daily dose has been started to be either 100mg or 250mg daily for 5 days. Ovulation occurs 4-10 days after the last dose in any cycle. However, it may take months depending on the individual patient. **Males:-**One tablet daily for at least 90 days with a break of 5 days after every 25 days.

Adverse Effects: These are dose-related and the commonest includes reversible ovarian enlargement and cyst formation, vasomotor flushes resembling menopausal symptoms. Abdominal or pelvic pain may also be felt coupled with nausea and vomiting. Rarely breast tenderness, abnormal uterine bleeding. weight gain, headache and increased urinary flow may be noticed.

Transient eye disturbances such as blurring of vision may occur as well as skin reactions and central nervous system disturbances such as dizziness, light headedness, nervous tension, fatigue, insomnia and depression.

Precautions: The causes of infertility should be ascertained to justify therapy with Clomiam (Clomiphene Citrate). It must be borne in mind and the patients must be warned of the increased likelihood of multiple births while on Clomiam (Clomiphene Citrate) therapy, especially if higher doses are used. Treatment should be discontinued if visual disturbances develop and the patients must be warned that Clomiam (Clomiphene Citrate) might

affect their ability to drive or operate machinery.

Patients must also be instructed to report any abdominal or pelvic pain as this may indicate the presence or enlargement of ovarian cysts. Likewise, patients with polycystic ovaries should receive the lowest possible doses to prevent further enlargement or cyst formation. Prolonged courses without review are not Recommended.

Presentation: Clomiam (Clomiphene Citrate) 50mg tablets are available in Alu Alu blister pack of 10's.

PRECAUTION:

- Use as prescribed by the physician.
- Keep out of the reach of children.
- Store at room temperature.
- Protect from direct sunlight, heat & moisture.

ہدایات:

- دوا ڈاکٹر کی ہدایت کے مطابق استعمال کریں۔
- بچوں کی پہنچ سے دور رکھیں۔
- کمرے کے درجہ حرارت پر رکھیں۔
- سورج کی روشنی، گرمی اور نمی سے محفوظ رکھیں۔



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